

# **Curriculum Vitae**

**Dr PANAGIOTIS G. ANAGNOSTIS**  
**MD, MSc, PhD, FRSPH**

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**CURRICULUM VITAE**  
**Dr PANAGIOTIS ANAGNOSTIS**

**PERSONAL DETAILS:**

**Surname:** Anagnostis

**Name:** Panagiotis

**Gender:** Male

**Date of Birth:** 23 April 1978

**Place of Birth:** Mytilini, Greece

**Nationality:** Hellenic

**Address:** 10 Sarantaporou street

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**Town:** Thessaloniki

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## **ACADEMIC TRAINING / ACADEMIC EXPERIENCE**

- 24/9/1996 - 19/07/2002      **Degree in Medicine, Hellenic Republic, Aristotle University of Thessaloniki, Faculty of Medicine, Greece.**  
**Grade: “Very Good” (7.38 out of 10)**
- 24/09/1996-18/10/2002      **Military School of Combat Support Officers, Thessaloniki, Greece (6-years Military Academy)**
- 27/12/2002      **Licence to practice Medicine, Registration number 35154 Hellenic Republic, Prefectural Authority of Athens – Piraeus, Prefecture of Athens, Division of Southern Athens, Greece.**
- 03/12/2012      Licence to practice the qualification of **Medical Specialty: “Endocrinology”** Registration Number: G2/8780. Hellenic Republic, Region of Central Macedonia, General Directorate of Public Health and Social Care, Greece.
- 4/11/2008 – 29/5/2013      **PhD on “Prevalence and management of osteoporosis in hemophilic patients”,** from the Medical School of the Aristotle University of Thessaloniki, Greece. Supported by a scholarship from the State Scholarships Foundation.
- 01/10/2012 – 14/6/2016      **MSc in “Health Services Policy”,** Open University of Cyprus.
- 1/12/2013 - 3/6/2014      **Post-doctoral Clinical Research Fellow** (Honorary Specialist Registrar) in the Department of Endocrinology and Diabetes, St Mary’s Hospital, Imperial College of London, UK
- 1<sup>st</sup> July 2017      **Excellence in Lipidology** (by the Hellenic Society of Atherosclerosis, July 2017)
- 4/6/2014 – 5/2025      **Post-doctoral Clinical Research Fellow** in the Unit of Reproductive Endocrinology, First Department of Obstetrics and Gynaecology, Medical School, Aristotle University of Thessaloniki, Greece

30/5/2018 – now	<b>Fellow of the Royal Society for Public Health</b>
9/2018-now	<b>Member of the Centre of Orthopedic and Regenerative Medicine Research (CORE)</b> , CIRI, Aristotle University of Thessaloniki, Thessaloniki, Greece
2018-2025	<b>Tutor of the “Research Methodology”</b> lesson, a post-graduate course of the “Applied Nutrition and Health Promotion” MSc program, of the Medical School of Aristotle University of Thessaloniki
2019-2025	<b>Tutor of the “Research in female reproduction”</b> lesson, a post-graduate course of the MSc program, of the Medical School of National and Kapodistrian University of Athens
2020-2025	<b>Tutor of the “Research Methodology”</b> post-graduate course of the Medical School of Aristotle University of Thessaloniki
2020-2025	<b>Tutor of the “MSc in Human Reproduction”</b> post-graduate course of the Medical School of Aristotle University of Thessaloniki
2019-2025	<b>Tutor of the “Design, appraisal and conduction of studies”</b> lesson, a post-graduate course of the “New methods and technologies in therapeutic management of diabetes mellitus” MSc program, of the Medical School of Aristotle University of Thessaloniki
1/9/2024-28/2/2025	<b>Clinical Reader</b> , Medical School, Aristotle University of Thessaloniki, Greece
1/5/2025-now	<b>Assistant Professor of Internal Medicine</b> , 3 <sup>rd</sup> Department of Internal Medicine, “Papageorgiou” General Hospital, Aristotle University of Thessaloniki, Greece

## **POSTGRADUATE QUALIFICATIONS - CLINICAL EXPERIENCE**

20/07/2002 - 18/10/2002	<b>Physician</b> in Police Medical Centre of Thessaloniki, Greece.
19/10/2002 - 24/04/2005	<b>Physician</b> in Police Medical Centre of Athens, Greece.
10/01/2003 - 10/04/2003	<b>Physician</b> in “401” General Military Hospital of Athens, Greece.
1/08/2004 - 31/8/2004	<b>Physician</b> in Olympic and Special Olympic Games 2004, Athens, Greece.
25/04/2005 – 05/02/2008	<b>Physician</b> in Police Medical Centre of Thessaloniki, Greece.
06/02/2006 – 06/02/2008	<b>Resident in Internal Medicine</b> - Specialty Training post in the Department of General Internal Medicine at 2 <sup>nd</sup> Propedeutic Department of General Internal Medicine, Aristotle University of Thessaloniki, Greece.
07/02/2008 – 28/09/2008	I was waiting for the Specialty Training post in the Department of Endocrinology at General Hospital of Ippokrateion, Thessaloniki, Greece.
29/09/2008 - 28/09/2012	<b>Resident in Endocrinology</b> - Specialty Training post in the Department of Endocrinology at General Hospital of Hippokration, Thessaloniki, Greece.
29/09/2012 – 23/10/2012	Preparation for specialty exams and title of Licence to practice the qualification of Medical Specialty in “ <b>Endocrinology</b> ”, Greece.
24/10/2012 – 4/2025	<b>Consultant in Endocrinology</b> at the Police Medical Centre of Thessaloniki, Greece
1/12/2013 - 3/6/2014	<b>Honorary Specialist Registrar</b> in the Department of Endocrinology and Diabetes, St Mary’s Hospital, Imperial College of London, UK

20/1/2014 – 29/5/2014

**Post-doctoral Clinical Research Fellow** at the Department of Gynaecology, West London Menopause and Premenstrual Syndrome Centre, at the Queen Charlotte and Chelsea & Westminster Hospitals, London, UK

4/6/2014 – 6/2024

**Post-doctoral Clinical Research Fellow** in the Unit of Reproductive Endocrinology, First Department of Obstetrics and Gynaecology, Medical School, Aristotle University of Thessaloniki, Greece

1/9/2024-28/2/2025

**Clinical Reader**, Medical School, Aristotle University of Thessaloniki, Greece

1/5/2025-now

**Assistant Professor of Internal Medicine**, 3<sup>rd</sup> Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, Greece

## **DISTINCTIONS / AWARDS**

- 07/1996 First award in the **National Student Competition of Medical School**, Aristotle University of Thessaloniki, Greece.
- 04/2008 Scholarship from the **State Scholarships Foundation** for excellent scholarly achievement.
- 09/2010 **Plaudit for the poster** “Safety and impact on cardiovascular events of long-term statin treatment in patients with coronary heart disease and abnormal liver tests: a *post hoc* analysis of the GREACE Study” (Athyros VG, Tziomalos K, Gossios TD, Griva T, **Anagnostis P**, Kargiotis K, Pagourelis ED, Theocharidou E, Karagiannis A, Mikhailidis DP), presented during the 2nd Hellenic Congress on Atherosclerosis, held in Ioannina, Greece.
- 12/2010 **Scholarship from the Research Committee** of the Aristotle University of Thessaloniki, Greece.
- 04/2011 **First award for the best study in Clinical Endocrinology:** “Comparative effects of rosuvastatin and atorvastatin on glucose metabolism and adipokine levels in non-diabetic patients with dyslipidaemia: a prospective randomized open-label study”, by **Anagnostis P**, Selalmatzidou D, Polyzos SA, Panagiotou A, Slavakis A, Panagiotidou A, Athyros VG, Karagiannis A, Mikhailidis DP, Kita M, presented during the 38<sup>th</sup> Hellenic Congress of Endocrinology, Thessaloniki, Greece.
- 09/2011 ***Annals Academy of Medicine, Singapore***: Best Publication Bronze Award 2011, presented to Vasiliadis T, **Anagnostis P**, Nalmpantidis G, Soufleris K, Patsiaoura K, Grammatikos N, Orfanou-Koumerkeridou E, Kargiotis K, Slavakis A, Deliyiannidis A, Eugenidis N. for outstanding contribution of article titled: “Thyroid dysfunction and long-term outcome during and after interferon-alpha therapy in patients with chronic hepatitis C” published in September 2011.

- 09/2012 **Grant from Hellenic Atherosclerosis society** for conducting the study: “Prediction of type 2 diabetes mellitus in women with gestational diabetes” (Kotsis V, Goulis DG, **Anagnostis P**, Karras S, Venetis C).
- 11/2012 **Plaudit for the study** “The effect of L-thyroxine substitution on lipid profile, glucose homeostasis and coagulation in patients with subclinical hyperthyroidism”, (**Anagnostis P**, D. Selalmatzidou, ZA Efstathiadou, S. Katergari, M. Poulasouchidou, A. Slavakis, D. Kleta, M. Kita) presented in the 5th Hellenic Congress on Atherosclerosis, held in Athens, Greece.
- 29/4/2013 **International Endocrine Scholarship Program (IESP)** supported by the European Society of Endocrinology and the Endocrine Society.
- 6/2014 **Grant from Hellenic Atherosclerosis society** for post-doctoral training abroad (London, UK)
- 7/2017 **Excellence in Lipidology** (by the Hellenic Society of Atherosclerosis, July 2017)
- 2016-today **Travel and meeting grants** awarded by the Hellenic and European Society of Endocrinology for attending the European Society of Endocrinology (ESE) and European Association for the Study of Diabetes (EASD) Congresses
- 4/2019 Meeting grant for attending the World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases (WCO-IOF-ESCEO) 2019, Paris (**ESCEO-ELI LILLY SCHOLARSHIPS**)
- 4/2019 **First award for the best study in Clinical Endocrinology for the year 2018**: “Association between age at onset of menopause and fracture risk: a systematic review and meta-analysis”, by **Anagnostis P**, Siolos P, Gkekakos NK, Kosmidou

N, Artzouchaltzi A-M, Christou K, Paschou SA, Potoupnis M, Kenanidis E, Tsiridis E, Lambrinouadaki I, Stevenson JC, Goulis DG, presented during the 46<sup>th</sup> Hellenic Congress of Endocrinology, Athens, Greece.

4/2019

**First award for the best study in Diabetes Mellitus for the year 2018:** “Early menopause and premature ovarian insufficiency are associated with increased risk of type 2 diabetes: a systematic review and meta-analysis”, by **Anagnostis P**, Christou K, Artzouchaltzi AM, Gkekas NK, Kosmidou N, Siolos P, Paschou SA, Potoupnis M, Kenanidis E, Tsiridis E, Lambrinouadaki I, Stevenson JC, Goulis D, presented during the 46<sup>th</sup> Hellenic Congress of Endocrinology, Athens, Greece.

5/2019

Award for the above study, for being highlighted in the international and national press, by the Aristotle University of Thessaloniki (Faculty of Health Sciences)

5/2019

**2<sup>nd</sup> highest impact factor** in Aristotle University of Thessaloniki for the year 2018 (Faculty of Health Sciences)

2017-now

Travel Grants for the **European Congress of Endocrinology (ECE)** and the **European Association for the Study of Diabetes (EASD)**

29-30/11/2019

**First award for the best oral presentation:** “Familial hypercholesterolemia and new European guidelines for dyslipidaemias 2019: Clinical data from HELLAS-FH registry”. presented during the 8<sup>th</sup> Hellenic Congress of Atherosclerosis Working Groups, Athens, Greece

3/2/2020

**Plaudit from the Hellenic Police Headquarters** for the excellent academic and research work and numerous publications in international and Greek medical journals

28/5/2020

**2021 Jens Sandahl Christansen Award for clinical science** by the European Society of Endocrinology, which is

presented to an endocrinologist for a specific piece of research or project on metabolism in general (contributing to our understanding of metabolism), nominated by the European Menopause and Andropause Society (EMAS) for his work on “Cardiovascular Disease – menopause”.

22/3/2021

Young Investigator Fellowship Award, 89<sup>th</sup> European Atherosclerosis Society, Virtual Congress 2021 Helsinki, Finland, May 30-June 02 2021

1/7/2021

**First award for the best study in thyroid disease published in 2020:** “Should total thyroidectomies be performed by high-volume endocrine surgeons? A cost-effectiveness analysis» (Authors: **Anagnostis P**, Pliakos I, Panidis S, Chorti A, Stelmach V, Michalopoulos A, Papavramidis TS), presented during the 48<sup>th</sup> Hellenic Congress of Endocrinology, Athens, Greece.

28/9/2021

Excellence award for **high impact factor** (67,8) from the Aristotle University of Thessaloniki for the year 2019 (Faculty of Health Sciences)

28/9/2021

**Excellence award** from the Aristotle University of Thessaloniki for the year 2019 (Faculty of Health Sciences) for receiving 3 first awards in national and international congresses

14/11/2021

Award from the Hellenic Association for the Study of Diabetes for the study “Risk of type 2 diabetes mellitus in polycystic ovary syndrome is associated with obesity: a meta-analysis of observational studies”, (authors: **Anagnostis P**, Paparodis RD, Bosdou JK, Bothou C, Macut D, Goulis DG, Livadas S)

19-21/11/2021

**First award for the best poster** presented in 17<sup>th</sup> Hellenic Congress of Endocrine Surgery: “The effect of intraoperative autofluorescence monitoring on unintentional parathyroid gland excision rates and postoperative PTH concentrations- a single-blind randomized-controlled trial” (Authors: Chorti A,

Pliakos I, Panidis S, Tzikos G, **Anagnostis P**, Pantelidis P, Papaioannou M, Bakkar S, Unal E, Michalopoulos A., Papavramidis TS)

21/2/2022

**INTERNATIONAL AWARD** for publishing Excellence in the journal “Calcified Tissue International & Musculoskeletal research” & MUSCULOSKELETAL RESEARCH, presented to Presented to **Panagiotis Anagnostis**, Nifon K. Gkekas, Charoula Achilla, Georgia Pananastasiou, Polyxeni Taouxiidou, Maria Mitsiou, Eustathios Kenanidis, Michael Potoupnis, Eleftherios Tsiridis & Dimitrios G. Goulis for article “Type 2 Diabetes Mellitus is Associated with Increased Risk of Sarcopenia: A Systematic Review and Meta-analysis” which is among the journal’s top 10 cited papers of 2020-2021

18/5/2022

Excellence award for **high impact factor** (55,2) from the Aristotle University of Thessaloniki for the year 2021 (Faculty of Health Sciences)

18/5/2022

**Excellence award** from the Aristotle University of Thessaloniki for the year 2021 (Faculty of Health Sciences) for receiving 2 first awards in national and international congresses

5/2023

**Excellence award** from the Aristotle University of Thessaloniki for the year 2022 (Faculty of Health Sciences) for post-graduate MSc teaching

5/2024

**Clinical Endocrinology Journal Foundation Award** by the European Society of Endocrinology

5/2024

**Excellence award** from the Aristotle University of Thessaloniki for the year 2023 (Faculty of Health Sciences) for post-graduate MSc teaching

10/2024

**Henry Burger Award**, International Menopause Society

He has been listed among the top **2% of scientists worldwide** (Stanford University)  
for the years 2025, 2024, 2023 and 2022.

## **PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Karagiannis A, Tziomalos K, Papageorgiou A, Kakafika AI, Pagourelas ED, **Anagnostis P**, Athyros VG, Mikhailidis DP. Spironolactone versus eplerenone for the treatment of idiopathic hyperaldosteronism. *Expert Opin Pharmacother*. 2008;9:509-515.
2. **Anagnostis P**, Stangou M, Leontsini M, Athyros VG, Karagiannis A. Unusual manifestation of diarrhea-associated haemolytic uraemic syndrome in an adult. *Ren Fail*. 2008;30:331-334.
3. Athyros VG, Kakafika AI, Papageorgiou AA, Paraskevas KI, Tziomalos K, **Anagnostis P**, Pagourelas E, Koumaras C, Karagiannis A, Mikhailidis DP. Effects of statin treatment in men and women with stable coronary heart disease: a subgroup analysis of the GREACE Study. *Curr Med Res Opin*. 2008;24:1593-1599.
4. **Anagnostis P**, Karagiannis A, Kakafika AI, Tziomalos K, Athyros VG, Mikhailidis DP. Atherosclerosis and osteoporosis: age-dependent degenerative processes or related entities? *Osteoporos Int*. 2009;20:197-207.
5. Vassiliadis T, **Anagnostis P**, Patsiaoura K, Giouleme O, Katsinelos P, Mpoumponaris A, Eugenidis N. Valeriana hepatotoxicity. *Sleep Med*. 2009;10:935.
6. **Anagnostis P**, Vakalopoulou S, Slavakis A, Simoulidou E, Rakitzi P, Garipidou V, Harsoulis F. Hypoglycemia in a patient with advanced Sezary syndrome. *Leuk Lymphoma*. 2009;19:1-3.
7. Asterios Karagiannis, **Panagiotis Anagnostis**, Konstantinos Tziomalos, Vasilios G. Athyros, Dimitri P. Mikhailidis. Eplerenone for the treatment of primary aldosteronism. e-Letter, *J Clin Endocrinol Metab*, 8 January 2009.
8. **Anagnostis P**, Athyros VG, Tziomalos K, Karagiannis A, Mikhailidis DP. Clinical review: The pathogenetic Role of Cortisol in the Metabolic Syndrome: A Hypothesis. *J Clin Endocrinol Metab*. 2009;94:2692-701.
9. Karagiannis A, Tziomalos K, **Anagnostis P**, Gossios T, Athyros V. Atherosclerotic Renal Artery Stenosis: Medical Therapy Alone or in Combination With Revascularization? *Angiology*. 2009;60:397-402.

10. **Anagnostis P**, Karagiannis A, Tziomalos K, Kakafika AI, Athyros VG, Mikhailidis DP. Adrenal incidentaloma: a diagnostic challenge. *Hormones (Athens)*. 2009;8:163-184.
11. **Anagnostis P**, Efstathiadou Z, Polyzos SA, Tsolakidou K, Litsas DI, Panagiotou A, Kita M. Long term follow-up of patients with adrenal Incidentalomas - a single center experience and review of the literature. *Exp Clin Endocrinol Diabetes*. 2010;118:610-616.
12. Giouleme O, **Anagnostis P**, Patsiaoura K, Vasiliadis T, Grammatikos N, Kakavas N, Mpoumponaris A, Eugenidis N, Basayannis E. Sarcoidosis-induced pericarditis in a patient with portopulmonary hypertension: a case report. *Cases J*. 2009;2:8640.
13. Mitsiou EK, Tziomalos K, **Anagnostis P**, Karagiannis A, Athyros VG. Multifactorial intervention for the prevention of vascular complications of type 2 diabetes. *Hellenic J Cardiol*. 2009;50:445-448.
14. Athyros VG, Tziomalos K, Karagiannis A, **Anagnostis P**, Mikhailidis DP. Should adipokines be considered in the choice of the treatment of obesity-related health problems? *Curr Drug Targets*. 2010;11:122-135.
15. Athyros VG, Ganotakis ES, Tziomalos K, Papageorgiou AA, **Anagnostis P**, Griva T, Kargiotis K, Mitsiou EK, Karagiannis A, Mikhailidis DP. Comparison of four definitions of the metabolic syndrome in a Greek (Mediterranean) population. *Curr Med Res Opin*. 2010;26:713-719.
16. **Anagnostis P**, Athyros VG, Adamidou F, Florentin M, Karagiannis A. Vitamin D and Cardiovascular Disease: A Novel Agent for Reducing Cardiovascular Risk? *Curr Vasc Pharmacol* 2010;8:720-730.
17. **Anagnostis P**, Karagiannis A, Tziomalos K, Athyros VG, Kita M, Mikhailidis DP. Endocrine Hypertension: Diagnosis and Management of a Complex Clinical Entity. *Curr Vasc Pharmacol*. 2010;8:646-660.
18. Karagiannis A, Tziomalos K, **Anagnostis P**, Gossios TD, Florentin M, Athyros VG, Mikhailidis DP. The Effect of Antihypertensive Agents on Insulin Sensitivity, Lipids and Haemostasis. *Curr Vasc Pharmacol*. 2010;8:792-803.
19. Athyros VG, Tziomalos K, Gossios TD, Griva T, **Anagnostis P**, Kargiotis K, Pagourelas ED, Theocharidou E, Karagiannis A, Mikhailidis DP; for the GREACE Study Collaborative Group. Safety and efficacy of long-term statin treatment for cardiovascular events in patients with

coronary heart disease and abnormal liver tests in the Greek Atorvastatin and Coronary Heart Disease Evaluation (GREACE) Study: a post-hoc analysis. *Lancet*. 2010;376:1916-1922.

20. Giouleme O, Mpoumponaris A, Aslanidis S, **Anagnostis P**, Giamalis P, Nikolaidis N, Vasiliadis T, Evgenidis N. Polyarteritis Nodosa in a Patient with Type 1 Autoimmune Hepatitis. *South Med J*.2011;104:49-52.
21. **Anagnostis P**, Athyros VG, Adamidou F, Panagiotou A, Kita M, Karagiannis A, Mikhailidis DP. Glucagon like peptide (GLP)-1 based therapies and cardiovascular disease: looking beyond glycaemic control. *Diabetes Obes Metab*. 2011;13:302-312.
22. **Anagnostis P**, Adamidou F, Polyzos SA, Efstathiadou Z, Panagiotou A, Kita M. Pituitary incidentalomas: a single-centre experience. *Int J Clin Pract*. 2011;65:172-177.
23. **Anagnostis P**, Adamidou F, Polyzos SA, Efstathiadou Z, Panagiotou A, Kita M. Non-Functioning Pituitary Adenomas: A Single Center Experience. *Exp Clin Endocrinol Diabetes*. 2011;119:314-319.
24. Koumaras Ch, **Anagnostis P**, Tzimou M, Giavanidis I, Gossios T, Antoniadis A, Athyros VG, Karagiannis A. Paraganglioma in a young patient with asymptomatic severe hypertension: a case report and review of the literature. *Hippokratia*. 2010;14:300-302.
25. **Anagnostis P**, Adamidou F, Polyzos SA, Efstathiadou Z, Panagiotou A, Karathanassi E, Kita M. Long term follow-up of patients with prolactinomas and outcome of dopamine agonist withdrawal - a single center experience. *Pituitary*. 2012;15:25-29.
26. Athyros VG, Ganotakis E, Kolovou GD, Nicolaou V, Achimastos A, Bilianou E, Alexandrides T, Karagiannis A, Paletas K, Liberopoulos EN, Tziomalos K, Petridis D, Kakafika A, Elisaf MS, Mikhailidis DP; Assessing The Treatment Effect in Metabolic Syndrome Without Perceptible Diabetes (ATTEMPT) Collaborative. **Anagnostis P**, et al. Assessing the treatment effect in metabolic syndrome without perceptible diabetes (ATTEMPT): a prospective-randomized study in middle aged men and women. *Curr Vasc Pharmacol*. I2011;9:647-657.
27. **Anagnostis P**, Athyros VG, Vasiliadis T, Griva T, Patsiaoura K, Karagiannis A. Should we consider Addison's disease in the differential diagnosis of persistent hypertransaminasemia? A case report. *Acta Gastroenterol Belg*. 2011;74:95-96.

28. **Anagnostis P**, Selamatidou D, Polyzos SA, Panagiotou A, Slavakis A, Panagiotidou A, Athyros VG, Karagiannis A, Mikhailidis DP, Kita M. Comparative effects of rosuvastatin and atorvastatin on glucose metabolism and adipokine levels in non-diabetic patients with dyslipidaemia: a prospective randomized open-label study. *Int J Clin Pract.* 2011;65:679-683.
29. **Anagnostis P**, Athyros VG, Karagiannis A, Mikhailidis DP. The impact of statins on glucose metabolism - a matter of debate. *Am J Cardiol.* 2011;107:1866-1871.
30. **Anagnostis P**, Efstathiadou Z, Polyzos SA, Adamidou F, Slavakis A, Saprandidis M, Litsas ID, Katergari S, Selamatidou D, Kita M. Acromegaly: presentation, morbidity and treatment outcomes at a single centre. *Int J Clin Pract.* 2011;65:896-902.
31. Athyros VG, Karagiannis A, Ganotakis ES, Paletas K, Nicolaou V, Bacharoudis G, Tziomalos K, Alexandrides T, Liberopoulos EN, Mikhailidis DP; Assessing The Treatment Effect in Metabolic syndrome without Perceptible diabetes (ATTEMPT) Collaborative Group. Collaborators: Achimastos A, Anagnostis P, et al. Association between the changes in renal function and serum uric acid levels during multifactorial intervention and clinical outcome in patients with metabolic syndrome. A post hoc analysis of the ATTEMPT study. *Curr Med Res Opin.* 2011;27:1659-1668.
32. Noussios G, **Anagnostis P**, Goulis D, Lappas D, Natsis K. Ectopic thyroid tissue: anatomical, clinical and surgical implications of a rare entity. *Eur J Endocrinol.* 2011;165:375-382.
33. Athyros VG, Elisaf MS, Alexandrides T, Achimastos A, Ganotakis E, Bilianou E, Karagiannis A, Liberopoulos EN, Tziomalos K, Mikhailidis DP; Assessing the Treatment Effect in Metabolic Syndrome Without Perceptible Diabetes (ATTEMPT) Collaborative Group. Collaborators: **Anagnostis P**, et al. Long-term impact of multifactorial treatment on new-onset diabetes and related cardiovascular events in metabolic syndrome: a post hoc ATTEMPT analysis. *Angiology.* 2012;63:358-366.
34. Vasiliadis T, **Anagnostis P**, Nalmpantidis G, Soufleris K, Patsiaoura K, Grammatikos N, Orfanou-Koumerkeridou E, Kargiotis K, Slavakis A, Deliyiannidis A, Eugenidis N. Thyroid dysfunction and long-term outcome during and after interferon-alpha therapy in patients with chronic hepatitis C. *Ann Acad Med Singapore.* 2011;40:394-400.
35. **Anagnostis P**, Efstathiadou ZA, Akriviadis E, Hytiroglou P, Kita M. De novo autoimmune hepatitis associated with PTH(1-34) and PTH(1-84) administration for severe osteoporosis in a liver transplant patient. *Osteoporos Int.* 2012;23:2387-2391.

36. **Anagnostis P**. Metabolic Syndrome in the Mediterranean region: current status. *Indian J Endocrinol Metab.* 2012;16:72-80.
37. **Anagnostis P**, Selalmatzidou D, Sapranidis M, Panagiotou A, Stergios A, Polyzos SA, Slavakis A, Kita M. Comparative effects of sibutramine and orlistat on weight loss, glucose metabolism and leptin levels in non-diabetic obese patients: a prospective study. *Indian J Endocrinol Metab.* 2012;16:146-147.
38. Mintziori G, **Anagnostis P**, Toulis KA, Goulis DG. Thyroid diseases and female reproduction. *Minerva Med.* 2012;103:47-62.
39. **Anagnostis P**, Vakalopoulou S, Slavakis A, Charizopoulou M, Kazantzidou E, Chrysopoulou T, Vyzantiadis TA, Moka E, Agapidou A, Garipidou V. Reduced bone mineral density in patients with haemophilia A and B in Northern Greece. *Thromb Haemost.* 2012;107:545-551.
40. **Anagnostis P**, Efstathiadou ZA, Kita M. De novo autoimmune hepatitis associated with PTH(1-34) and PTH(1-84) administration for severe osteoporosis in a liver transplant patient: reply to Aguilera and Nuñez-Roldan. *Osteoporos Int.* 2012;23:2397.
41. **Anagnostis P**, Katsiki N, Adamidou F, Athyros VG, Karagiannis A, Kita M, Mikhailidis DP. 11beta-Hydroxysteroid dehydrogenase type 1 inhibitors: novel agents for the treatment of metabolic syndrome and obesity-related disorders? *Metabolism.* 2013;62:21-33.
42. Lappas D, Noussios G, **Anagnostis P**, Adamidou F, Chatzigeorgiou A, Skandalakis P. Location, number and morphology of parathyroid glands: results from a large anatomical series. *Anat Sci Int.* 2012;87:160-164.
43. Polyzos SA, Anastasilakis AD, **Anagnostis P**, Kita M, Arsos G, Moravidis E, Papatheodorou A, Terpos E. Normal bone turnover markers in a patient with active Paget's disease of bone: response to treatment with zoledronic acid. *Endokrynol Pol.* 2012;63:312-315.
44. **Anagnostis P**, Efstathiadou ZA, Gougoura S, Polyzos SA, Karathanasi E, Dritsa P, Kita M, Koukoulis GN. Oxidative Stress and Reduced Antioxidative Status, along with Endothelial Dysfunction in Acromegaly. *Horm Metab Res.* 2013;45:314-318.
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## **CHAPTERS IN INTERNATIONAL BOOKS**

1. **Anagnostis P**, Harsoulis F. Evaluation of hyperprolactinemia. BMJ Point-of-Care 2009; www.pointofcare.bmj.com. (May, 2009)
2. **Anagnostis P**, Harsoulis F. Metabolic Syndrome. BMJ Point-of-Care 2009; www.pointofcare.bmj.com. (June, 2009)
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5. **Anagnostis P**, Stevenson JC. Hormonal management of osteoporosis during the menopause. In “Managing the Menopause-21<sup>st</sup> Century Solutions”, Cambridge University Press, 2015
6. Gervail Marie-Odile, **Anagnostis G**, Panagiotis, Nick Panay. Chapter-01. Perimenopausal Health: Clinical Endocrinology and Symptomatology. In “World Clinics, Obstetrics and Gynecology: Perimenopausal Health”, 2015, pp 1-12. (<https://www.jaypeedigital.com/eReader/chapter/9789351529491/ch1>, DOI: 10.5005/jp/books/12754\_2)
7. Onur Konuk, **Panagiotis Anagnostis**. Diagnosis and Differential Diagnosis of Graves’ Orbitopathy. Wiersinga WM, Kahaly GJ (eds): Graves’ Orbitopathy: A Multidisciplinary Approach – Questions and Answers. Basel, Karger, 2017, pp 74–92 (DOI: 10.1159/000475950)
8. Kostas Boboridis, **Panagiotis Anagnostis**. Local treatment modalities. Wiersinga WM, Kahaly GJ (eds): Graves’ Orbitopathy: A Multidisciplinary Approach – Questions and Answers. Basel, Karger, 2017, pp 202–206 (DOI: 10.1159/000475959)
9. Paschou SA, **Anagnostis P**, Goulis DG. Endocrinology of the menopause and hormone replacement therapy. In: Oxford Textbook of Endocrinology and Diabetes, 3<sup>rd</sup> edition, 2020 [ahead of print].
10. Paschou SA, **Anagnostis P**, Goulis DG, Lambrinoudaki I. (2019) Metabolic Syndrome and Atherosclerosis in Nondiabetic Postmenopausal Women. In: Pérez-López F. (eds) Postmenopausal Diseases and Disorders. Springer, Cham
11. **Anagnostis P**, Paschou SA, Lambrinoudaki I, Goulis DG. (2019) Polycystic Ovary Syndrome-Related Risks in Postmenopausal Women. In: Pérez-López F. (eds) Postmenopausal Diseases and Disorders. Springer, Cham
12. **Anagnostis P**, Kintiraki E. Female reproductive endocrinology. In: Reproductive Science in Biology & Medicine, Editor: Ioannis Georgiou, 2019 [in press]

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14. Gkekas NK, Kenanidis E, **Anagnostis P**, Goulis D, Potoupnis M, Tsiridis E. The role of anabolic agents. DOI: 10.1201/9780429161087-8, In book: *Surgical and Medical Treatment of Osteoporosis: Principles and Practice 2020* (<https://www.routledge.com/Surgical-and-Medical-Treatment-of-Osteoporosis-Principles-and-Practice/Giannoudis>).  
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15. Kassiani Papadimitriou, **Panagiotis Anagnostis**, Dimitrios G. Goulis. The challenging role of anti-androgens in the management of polycystic ovary syndrome. Diamati-Kandarakis Evanthia (Ed) *Polycystic Ovary Syndrome, Challenging Issues in the Modern Era of Individualized Medicine*, pp 297-314. Elsevier, 2021
16. **Panagiotis Anagnostis**, Dimitrios G. Goulis. Chapter 1. Introduction, pages 1-9. *Comprehensive Clinical Approach to Diabetes During Pregnancy*. Springer, 2022

## CITATION INDICES (18/10/2025)

### Google scholar:

- Citations: 16151
- h-index: 61
- i10-index: 161

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- Citations: 9666
- h-index: 51

## **REFEREE FOR PEER-REVIEWED JOURNALS**

1. Journal of Clinical Endocrinology and Metabolism
2. Journal of Bone and Mineral Research
3. Diabetologia
4. PloS ONE
5. Thyroid
6. European Journal of Endocrinology
7. Clinical Endocrinology
8. Diabetes Obesity and Metabolism
9. Metabolism
10. Osteoporosis International
11. International Journal of Cardiology
12. International Journal of Clinical Practice
13. Experimental and Clinical Endocrinology and Diabetes
14. Journal of Gastroenterology and Hepatology
15. Southern Medical Journal
16. Stress
17. Cardiovascular Diabetology
18. Journal of Endocrinology & Metabolic Syndrome
19. BMC Public Health
20. Viral Immunology
21. Archives of Medical Sciences
22. Angiology
23. Anatomical Science International
24. Expert Review of Endocrinology & Metabolism
25. Endocrine
26. Endocrine Research
27. Endocrine Practice
28. Review of Reproductive Biology and Endocrinology
29. Haemophilia
30. Hippokratia
31. Current Vascular Pharmacology
32. Current Pharmaceutical Design
33. International Journal of Cardiology
34. Case reports in Surgery
35. Case reports in Endocrinology
36. International Journal of Endocrinology
37. Archives of Medical Research
38. Journal of Endocrinological Investigation
39. Current Medical Research Opinion
40. Maturitas
41. Journal of Atherosclerosis and Thrombosis
42. European Journal of Clinical Nutrition
43. Angiology
44. BMJ Open
45. Diabetes Research and Clinical Practice
46. Clinical Nutrition
47. BMC Endocrine Disorders
48. BioMed Research International
49. Lipids in Health and Disease
50. International Journal of Molecular Sciences

### **REFEREE FOR INTERNATIONAL CONGRESSES**

1. ENDO 2018, Chicago, Illinois, USA
2. ENDO 2019, New Orleans, LA, USA
3. European Congress of Endocrinology 2019, Lyon, France
4. 36<sup>th</sup> Annual meeting of the European Society of Human Reproduction and Embryology (ESHRE), 2020, virtual
5. ENDO 2021, virtual
6. 37<sup>th</sup> Annual meeting of the European Society of Human Reproduction and Embryology (ESHRE), 2021, virtual
7. ENDO 2022, Atlanta, Georgia, USA
8. ENDO 2023, Chicago, Illinois, USA
9. ENDO 2024, Boston, Massachusetts, USA
10. ESHRE 2024, Amsterdam, Netherlands

### **CHAIRMAN IN INTERNATIONAL CONGRESSES**

1. Scientific Workshop on vitamin D: vitamin D in the prevention of health disparities during adult life. 30-31/08/2018, Thessaloniki, Greece. Oral presentations from selected abstracts
2. Working Group on Obesity, Diabetes and the High Risk Patient EUROPEAN SOCIETY OF HYPERTENSION, Round table: "Treatment of diabetes mellitus", 2-5/2019, Chalkidiki, Greece
3. Guided Poster Tour "Calcium and Bone", 21<sup>st</sup> European Congress of Endocrinology, 18-21/05/2019, Lyon, France
4. Guided Poster Tour "Gestational Diabetes and type 1 DM", 21<sup>st</sup> European Congress of Endocrinology, 18-21/05/2019, Lyon, France
5. EYES session – Young European Endocrinologists, 3<sup>rd</sup> Serbian Congress on menopause and involutive hypoandrogenism-improvement of quality, Belgrade, October 18-19<sup>th</sup>, 2019
6. 2021 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient. EUROPEAN SOCIETY OF HYPERTENSION, 24-27/6/2021
7. EMAS Debate: "Vitamin D for menopause?", 13<sup>th</sup> European Congress on Menopause and Andropause, 8-10 September, 2021

## PRESENTATIONS IN INTERNATIONAL CONGRESSES

### A. INVITED LECTURES

1. **P. Anagnostis**. Osteoporosis and hemophilia: Is this a real clinical problem? Belfast, UK, May 9<sup>th</sup>, 2015, 14<sup>th</sup> International Musculoskeletal Congress, WFH
2. **P. Anagnostis**: “Drug holidays in osteoporosis-what’s new?” (27/2/2019), Webinar by the European Menopause and Andropause Society [https://www.emas-online.org/webinar\\_videos/customizing-menopausal-hormone-therapy-in-the-context-of-breast-ovarian-and-endometrical-cancer-2/](https://www.emas-online.org/webinar_videos/customizing-menopausal-hormone-therapy-in-the-context-of-breast-ovarian-and-endometrical-cancer-2/)
3. **P. Anagnostis**: “Menopause-related cardiovascular risk and its management”. 3<sup>rd</sup> Serbian Congress on menopause and involutive hypoandrogenism-improvement of quality, Belgrade, Serbia, October 18-19<sup>th</sup>, 2019
4. **P. Anagnostis**: “MHT in women with dyslipidemias”, for the EMAS Virtual School: “Menopause and metabolic disease”, December 11-12<sup>th</sup>, 2020 (<https://virtualmeeting.emas-online.org>)
5. **P. Anagnostis**: “Cardiovascular disease – menopause”, 23<sup>rd</sup> European Congress of Endocrinology, May 23<sup>rd</sup>, 2021
6. **P. Anagnostis**: “Extraskkeletal effects of vitamin D during menopause”, 13<sup>th</sup> European Congress on Menopause and Andropause, 8-10 September, 2021
7. **P. Anagnostis**. Effect of menopause hormone therapy on lipid metabolism. European Menopause and Andropause Society’s Webinar “Effects of menopause hormone therapy”, 6 February 2022
8. Commentator in round table: “Treatment of diabetes mellitus and hypertension”, 2022 Meeting on Cardiometabolic Diseases, Obesity and Diabetes. WG on Diabetes and Metabolic Risk Factors, EUROPEAN SOCIETY OF HYPERTENSION, 5-7 May 2022 - Chalkidiki, Greece
9. “Diabetes and menopause”, 24<sup>th</sup> European Congress of Endocrinology 2022 (Nurses’ pre-congress)
10. “Osteoporosis in sports”, 2<sup>nd</sup> Congress, “Recent advances in sports injuries – trends and prevention”, Thessaloniki, 18-21/1/2023.
11. “Menopause and the cardiovascular system” UKRAINIAN SPECIALIST SCHOOL OF GYNECOLOGICAL AND REPRODUCTIVE ENDOCRINOLOGY (USGRE). 11/3/2023
12. “Menopausal hormonal treatment in women with dyslipidemias”, 14<sup>th</sup> European Congress on Menopause and Andropause, Florence, Italy, 3-5 May, 2023
13. “Early menopause: is it a different entity than premature ovarian insufficiency?”, 26<sup>th</sup> European Congress of Endocrinology, Stockholm, Sweden, 11-14 May, 2024
14. “Vitamin D and Sarcopenia”. 6<sup>th</sup> Mediterranean Experts Meeting: Vitamin D in the prevention of Health Disparities, Thessaloniki, 4-5/10/2024

15. "Henry Burger Award" Lecture, International Society of Menopause, World Congress, Melbourne, Australia, 19-22/10/2024
16. "It's Frustrating: Menopause related changes in body composition, weight gain & diabetes", International Society of Menopause, World Congress, Melbourne, Australia, 19-22/10/2024
17. "What can we do for pregnancy and lactation induced osteoporosis?" 11<sup>th</sup> Skeletal Endocrinology Meeting, Trento, Italy, 13-15/3/2025
18. ISE-IMS Webinar: Menopause and metabolic syndrome: "Changes in body composition and cardiometabolic risk factors during the menopausal transition", 19/3/2025
19. "Association between early menopause and fracture risk", World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases. Rome, Italy, 9-13/4/2025
20. "Is early menopause a different entity to POI?", 15<sup>th</sup> European Congress on Menopause and Andropause, Valencia, Spain, 14-16 May, 2025
21. "Effect Of GLP-1 Receptor Agonists on Blood Pressure". CARDIOMETABOLIC DISEASES IN OBESITY AND DIABETES, 4-7 September 2025, Porto Heli, Greece
22. "Cardiovascular Risk Biomarkers in Patients with Diabetic Kidney Disease". CARDIOMETABOLIC DISEASES IN OBESITY AND DIABETES, 4-7 September 2025, Porto Heli, Greece

## **B. ORAL PRESENTATIONS**

1. **Panagiotis Anagnostis**, Stavroula Paschou, Gesthimani Mintziori, Irene Lambrinouadaki, Dimitrios Goulis. Bisphosphonate and denosumab "holiday" in postmenopausal osteoporosis: a systematic review of randomized-controlled trials. Oral presentation. 11<sup>th</sup> European Congress on Menopause and Andropause, 22-24/5/2017, Amsterdam, Netherlands
2. Lampropoulou-Adamidou K, Trovas G, Triantafyllopoulos IK, Yavropoulou MP, Anastasilakis AD, **Anagnostis P**, Toulis KA, Makris K, Balanika A, Tournis S. Teriparatide treatment in 16 patients with pregnancy- and lactation-associated osteoporosis. Joint Meeting of the Hellenic Society for the Study of Bone Metabolism Dutch Society for Calcium & Bone Metabolism 10-12/10/2019, Athens, Greece
3. **Panagiotis Anagnostis**, Konstantina Vaitisi, Panagiota Kleitsioti, Chrysanthi Mantsiou, Konstantinos Pavlogiannis, Vasilios G. Athyros, Dimitri P. Mikhailidis, Dimitrios G. Goulis. Efficacy and safety of statin use in children and adolescents with familial

hypercholesterolaemia: a systematic review and meta-analysis of randomized-controlled trials. 88<sup>th</sup> European Atherosclerosis Society Congress (virtual congress), 4-7 October, 2020

4. Christos Rizos, Ioannis Skoumas, Loukianos Rallidis, Konstantinos Tziomalos, Emmanuel Skalides, Vasileios Kotsis, Anastasia Garoufi, Vasileios G. Athyros, Genovefa Kolovou, Georgios Sfikas, Eleni Bilianou, Iosif Koutagiar, Estela Kiouri, Dimitrios Agapakis, Evangelos Zacharis, Christina Antza, Achilleas Attilakos, Niki Katsiki, **Panagiotis Anagnostis**, Moses Elisaf, Evangelos Liberopoulos. Latest European guidelines for dyslipidemias in the setting of familial hypercholesterolemia: data from the HELLAS-FH registry. 88<sup>th</sup> European Atherosclerosis Society Congress, 4-7 October 2020
5. Eustathios Kenanidis, Panagiotis Kakoulidis, Sousana Panagiotidou, **Panagiotis Anagnostis**, Panayiotis Christofilopoulos, Ioannis Sarris, Michael Potoupnis, Eleftherios Tsiridis. Total Hip Arthroplasty In Sickle Cell Disease: A Systematic Review. 22nd EFORT Congress 2021, 30 June - 02 July 2021.
6. Julia K. Bosdou, **Panagiotis Anagnostis**, Panagiota Florou, Grigoris Grimbizis, Ioannis Iakovou, Dimitrios G. Goulis, Efstratios M. Kolibianakis. Decline in anti-Müllerian hormone (AMH) concentrations following radioactive iodine (RAI) treatment in women with differentiated thyroid cancer (DTC): a systematic review and meta-analysis. 37<sup>th</sup> Annual meeting of the European Society of Human Reproduction and Embryology, 26/6-1/7/2021
7. **Panagiotis Anagnostis**, Rodis Papanodis, Julia Bosdou, Christina Bothou, Djuro P. Macut, Dimitrios Goulis & Sarantis Livadas. The effect of obesity on the association between type 2 diabetes mellitus and polycystic ovary syndrome: a meta-analysis of observational studies. EASD 27/9-1/10 2021
8. Konstantinos Lallas, Patroklos Theocharis, Eirini Boureka, Efstratios Vakirlis, Athanasios Kyrgidis, Georgios Papazisis, Aimilios Lallas, **Panagiotis Anagnostis**. The effect of menopausal hormone therapy on melanoma and keratinocyte skin cancer risk: a systematic review and meta-analysis of observational studies. 13<sup>th</sup> European Congress on Menopause and Andropause, 8-10/9/2021
9. Julia Bosdou, **Panagiotis Anagnostis**, Despoina Savvaidou, Leonidas Zepiridis, Dimitrios G. Goulis, Grigorios Grimbizis, Efstratios Kolibianakis. Association between basal androgen concentrations and number of follicles on the day of triggering final oocyte maturation in poor responders undergoing IVF; A prospective study. 20<sup>th</sup> World Congress of Gynecological Endocrinology, 11-14 May 2022, Florence

10. **Panagiotis Anagnostis**, Christos Rizos, Ioannis Skoumas, Loukianos Rallidis, Konstantinos Tziomalos, Emmanuel Skalidis, Vasileios Kotsis, Michalis Doulas, Genovefa Kolovou, George Sfikas, Anastasia Garoufi, Vaia Lambadiari, Ioanna Dima, Estela Kiouri, Dimitrios Agapakis, Evangelos Zacharis, Christina Antza, Vana Kolovou, Charalambos Koumaras, George Bantouvakis, George Liamis & Evangelos Liberopoulos. Association between lipoprotein(a) concentrations and atherosclerotic cardiovascular disease risk in patients with familial hypercholesterolemia: an analysis from the HELLAS-FH. European Congress of Endocrinology Milan, 21-24 May, 2022
11. **Panagiotis Anagnostis**, Christos Rizos, Ioannis Skoumas, Loukianos Rallidis, Konstantinos Tziomalos, Emmanuel Skalidis, Vasileios Kotsis, Michalis Doulas, Genovefa Kolovou, George Sfikas, Anastasia Garoufi, Vaia Lambadiari, Ioanna Dima, Estela Kiouri, Dimitrios Agapakis, Evangelos Zacharis, Christina Antza, Vana Kolovou, Charalambos Koumaras, George Bantouvakis, George Liamis & Evangelos Liberopoulos. Association between lipoprotein(a) concentrations and atherosclerotic cardiovascular disease risk in patients with familial hypercholesterolemia: an analysis from the HELLAS-FH. European Atherosclerosis Society Congress Milan, 22-25 May, 2022
12. Sarantis Livadas, Christina Bothou, Rodis Papanodis, Ioannis Androulakis, Nicholas Angelopoulos, Anastasios Boniakos, **Panagiotis Anagnostis** & Leonidas Duntas. Thyroid Levothyroxine Replacement Therapy overuse. Factors suggesting treatment discontinuation. European Thyroid Association Congress 2022
13. Efstathios Divaris, **Panagiotis Anagnostis**, Nifon K. Gkekakos, Evangelia Kouidi, Dimitrios G. Goulis. Early menopause and premature ovarian insufficiency may increase the risk of sarcopenia: a systematic review and meta-analysis. 14<sup>th</sup> European Congress on Menopause and Andropause, Florence, Italy, 3-5 May, 2023
14. F. Barkas, C. Rizos, G. Liamis, I. Skoumas, A. Garoufi, L. Rallidis, G. Kolovou, K. Tziomalos, E. Skalidis, G. Sfikas, V. Kotsis, M. Doulas, **P. Anagnostis**, V. Lambadiari, G. Anastasiou, I. Koutagiar, A. Attilakos, E. Kiouri, V. Kolovou, A.-D. Koutsogianni, E. Zacharis, C. Koumaras, C. Antza, C. Boutari, E. Liberopoulos. Overweight/obesity and prevalent atherosclerotic cardiovascular disease in patients with heterozygous familial hypercholesterolemia: An analysis from HELLAS-FH registry. 91<sup>st</sup> European Atherosclerosis Society Congress, Mannheim, 21-24 May 2023

### C. POSTER PRESENTATIONS

1. **P. Anagnostis**, Z. Efstathiadou, S.A. Polyzos, K. Tsolakidou, I. Litsas, A. Panagiotou, Marina Kita. Long term follow-up of patients with adrenal incidentalomas- a single center experience. 12<sup>th</sup> European Congress of Endocrinology, 24-28 April 2010, Prague, Czech Republic (αρχείο H.27)
2. **P. Anagnostis**, Z. Efstathiadou, F. Adamidou, S.A. Polyzos, D. Selalmatzidou, A. Panagiotou, M. Kita. Retrospective study of acromegaly patients and the efficacy of treatment: A single center experience. 7<sup>th</sup> International Congress of Neuroendocrinology, 11-15 July 2010, Rouen, France (αρχείο H.28)
3. **P. Anagnostis**, F. Adamidou, Z. Efstathiadou, SA Polyzos, ID Litsas, M. Sapranidis, M. Kita. Non functioning pituitary adenomas: Retrospective analysis of a single center experience. 7<sup>th</sup> International Congress of Neuroendocrinology, 11-15 July 2010, Rouen, France (αρχείο H.29)
4. **P. Anagnostis**, S. Vakalopoulou, M. Charizopoulou, E. Kazantzidou, T. Chrysopoulou, E. Moka, A. Agapidou, V. Garipidou. Reduced bone mineral density in patients with hemophilia A and B in Northern Greece. 16<sup>th</sup> Congress of the European Hematology Association, London, United Kingdom, June 9-12, 2011 (αρχείο H.30)
5. **P. Anagnostis**, S. Vakalopoulou, M. Charizopoulou, E. Kazantzidou, T. Chrysopoulou, E. Moka, V. Zournatzi, V. Garipidou. Association between leptin levels and bone disease in hemophiliac patients. 16<sup>th</sup> Congress of the European Hematology Association, London, United Kingdom, June 9-12, 2011 (αρχείο H.30)
6. F. Adamidou, **P. Anagnostis**, M Kita. Pseudohypoparathyroidism type Ib: a case of occult familial disease. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.31)
7. **P. Anagnostis**, Z.A. Efstathiadou, E. Akriviadis, P. Hytiroglou, M. Kita. De novo autoimmune hepatitis associated with PTH(1-34) and PTH(1-84) administration for severe osteoporosis in a liver transplant patient. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.32)

8. F. Adamidou, **P. Anagnostis**, C. Zouli, M. Poulasouchidou, M Kita. Long term follow-up of patients with adrenal incidentalomas-a prospective study. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.33)
9. **P. Anagnostis**, Z.A. Efstathiadou, A. Vounaki, M. Charizopoulou, D. Selalmatzidou, G. Gotoufa, M. Kita. Quality of life and mood disturbances in patients with acromegaly followed-up in a single center. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.34)
10. **P. Anagnostis**, Z.A. Efstathiadou, S. Gougoura, S. A. Polyzos, E. Karathanasi, P. Dritsa, M. Kita, G. N. Koukoulis. Oxidative stress and reduced anti-oxidative status, along with endothelial dysfunction in acromegaly. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.35)
11. **P. Anagnostis**, F. Adamidou, S.A. Polyzos, S. Katergari, E. Karathanassi, C. Zouli, A. Panagiotou, M Kita. Predictors of long-term remission in patients with Graves' disease - a single center experience. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.36)
12. Z.A. Efstathiadou, **P. Anagnostis**, F. Dogramatzi, A. Slavakis, D. Selalmatzidou, S. Katergari, D. Kleta, M. Kita. The effect of L-thyroxine substitution on lipid profile, glucose homeostasis and coagulation in patients with subclinical hyperthyroidism. 15<sup>th</sup> International and 14<sup>th</sup> European Congress of Endocrinology, 5-9 May 2012, Florence, Italy (αρχείο H.37)
13. **P. Anagnostis**, T.A. Vyzantiadis, M. Charizopoulou, F. Adamidou, S. Karras, A. Slavakis, V. Garipidou, S. Vakalopoulou. The effect of monthly Ibandronate on bone mineral density and bone turnover markers in patients with hemophilia A or B and increased risk for fracture. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
14. **P. Anagnostis**, Z. Efstathiadou, M. Poulasouchidou, M. Kita. Maturity onset diabetes of youth (MODY) in a patient with VATER syndrome. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
15. **P. Anagnostis**, F. Adamidou, A. Agapidou, V. Garipidou, S. Vakalopoulou, M. Kita. Resolution of anaemia after curative parathyroidectomy in a patient with primary hyperparathyroidism. 15<sup>th</sup>

- European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
16. **P. Anagnostis**, F. Adamidou, A. Slavakis, S. Polyzos, A. Panagiotou, D. Selalmatzidou, E. Karathanasi, M. Poulasouchidou, M. Kita. Comparative effects of atorvastatin and rosuvastatin on vitamin D levels, glucose metabolism and systematic inflammation in non-diabetic patients with dyslipidaemia: a prospective randomised open-label study. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
  17. S. Karras, I. Shah, A. Petroczi, D. Goulis, H. Bili, F. Papadopoulou, **P. Anagnostis**, A. Persinaki, B. Tarlatzis, D. Naughton. An observational study reveals that neonatal vitamin D is primarily determined by maternal contributions: implications of a new assay on the roles of vitamin D forms. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
  18. Z. Efstathiadou, **P. Anagnostis**, M. Sapravidis, M. Kita. An unusual case of Cowden-like syndrome, neck paraganglioma and pituitary adenoma. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
  19. Z. Efstathiadou, A. Sykja, **P. Anagnostis**, A. Panagiotou, M. Kita. Occurrence of De Quervain's thyroiditis after resolution of hypercortisolism following SOM230 treatment for Cushing's disease and surgery for an adrenocortical adenoma: report of two cases. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
  20. **P. Anagnostis**, Z. Efstathiadou, C. Zouli, A. Soukia, A. Panagiotou, E. Karathanasi, M. Kita. The natural history of subclinical hyperthyroidism: a single centre experience. 15<sup>th</sup> European Congress of Endocrinology, 27 April- 1 May 2013, Copenhagen, Denmark (αρχείο H.38)
  21. **P. Anagnostis**, S. Vakalopoulou, T.A. Vyzantiadis T.A., M. Charizopoulou, E.M. Mandala, A. Agapidou, V. Vassiliki, V. Garipidou. The clinical utility of bone turnover markers in the evaluation of bone disease in patients with haemophilia A and B, American Society of Haematology (ASH) Annual Meeting and Exposition, New Orleans, USA, December 7-10, 2013 (αρχείο H.39)
  22. Fotini Adamidou, Maria Poulasouhidou, Kostas Boboridis, Vassilis Hambidis, **Panagiotis Anagnostis**, Marina Kita. Refractory Graves' ophthalmopathy treated with rituximab. Presented at 16th European Congress of Endocrinology, Wroclaw, Poland, 3-7th May 2014. (αρχείο H.40)

23. **Panagiotis Anagnostis**, Spyridon Karras, Fotini Adamidou, Varvara Christoforidou, Jeremy Cox. Unusual case of intrathyroid parathyroid hyperplasia revealed by parathyroid hormone determination in fine-needle aspirate, co-existing with multifocal papillary thyroid carcinoma. Presented at 16th European Congress of Endocrinology, Wroclaw, Poland, 3-7th May 2014 (αρχείο H.40)
24. Stavroula A. Paschou, **Panagiotis Anagnostis**, Spyridon N. Karras, Cedric Annweiler, Sofia Vakalopoulou, Dimitrios Goulis, Vasilia Garipidou. Bone mineral density in men and children with haemophilia A and B: a systematic review and meta-analysis. 19th Congress of the European Hematology Association, Milan, Italy, June 12-15, 2014 (αρχείο H.41)
25. Spyridon Karras, Stavroula A. Paschou, Eleni Kandaraki, **Panagiotis Anagnostis**, Cédric Annweiler, Basil C. Tarlatzis, Bruce W. Hollis, William B. Grant, Dimitrios G. Goulis. Hypovitaminosis D in pregnancy: Can the “Mediterranean paradox” be explained? A systematic review. 18<sup>th</sup> Workshop, April 21<sup>st</sup>-24<sup>th</sup>, 2015, Delft, The Netherlands (αρχείο H.42)
26. **Panagiotis Anagnostis**, John C. Stevenson, David Crook, Desmond G. Johnston Ian F. Godsland. Effects of menopause, gender and age on lipids and high-density lipoprotein cholesterol subfractions. 10<sup>th</sup> European Congress on Menopause and Andropause, May 21-22, 2015, Madrid, Spain (αρχείο H.43)
27. **Panagiotis Anagnostis**, Athanasios Siolos, Chrisanthi Zouli, Fotini Adamidou, Zoe Efstathiadou, Athanasios Panagiotou, Gesthimani Mintziori, Marina Kita. Prevalence and natural history of adrenal incidentalomas. 17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland (αρχείο H.44)
28. Fotini Adamidou, Christina Manani, Vassilis Champidis, **Panagiotis Anagnostis**, Apostolos Kambaroudis & Marina Kita. A giant parathyroid cyst manifesting with a neck mass and hypercalcaemic crisis. 17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland (αρχείο H.44)
29. Fotini Adamidou, **Panagiotis Anagnostis**, Vasileios Champidis, Simoni Katergari, Georgios Zacharioudakis & Marina Kita. The diagnostic value of parathyroid hormone washout after fine-needle aspiration in patients with primary hyperparathyroidism. 17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland (αρχείο H.44)

30. Gesthimani Mintziori, Fotini Adamidou, Zoe Eustathiadou, Athanasios Panagiotou, **Panagiotis Anagnostis** & Marina Kita. Association of papillary thyroid cancer with thyroid autoimmunity. 17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland (αρχείο H.44)
31. Spyridon Karras, Stavroula A Paschou, Eleni Kandaraki, **Panagiotis Anagnostis**, Cedric Annweiler, Basil C Tarlatzis, Bruce W Hollis, William B Grant & Dimitrios G Goulis. Hypovitaminosis D in pregnancy: can the Mediterranean paradox be explained? A systematic review. 17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland (αρχείο H.44)
32. G. Panagiotou, D. Komninou, G. Linardos, **P. Anagnostis**, M. Somali, E. Karoglou, E. Margaritidou, Y. Feodoridis, Y. Kita, K. Pazaitou-Panayiotou. CELEBRATION OF THE WORLD THYROID DAY IN THESSALONIKI, GREECE: ULTRASOUND SCREENING OF GENERAL POPULATION (POSTER No 830), 15th International Thyroid Congress 2015, Lake Buena Vista, Florida, USA (αρχείο H.45)
33. **Panagiotis Anagnostis**, Sofia Vakalopoulou, Dimitrios Christoulas, Spyridon Karras, Athanasios Papatheodorou, Eirini Katodritou, Panagiotis Kokkoris, Vasilgia Garipidou, Evangelos Terpos. The Role of RANKL/Osteoprotegerin and Wnt Signaling Pathways in the Development of Osteoporosis in Patients with Hemophilia. Poster 2284, American Society of Hematology Congress, 2015, Orlando, USA (αρχείο H.46)
34. **Panagiotis Anagnostis**, Aikaterini Artzouchaltzi, Alexandra Grekou, Dimitrios Stogiannou, Anastasia Skalkou, Nifwn Gekas, Spyridon Gerou, Vasilios Tzalokostas. Pretibial myxedema in a euthyroid patient without history of autoimmune thyroid disease. 18th European Congress of Endocrinology, 28-31 May 2016, Munich, Germany (αρχείο H.47)
35. **Panagiotis Anagnostis**, John Stevenson, David Crook, Desmond Johnston, Ian Godslan. Effects of gender and menopausal status on serum apolipoprotein concentrations. 18th European Congress of Endocrinology, 28-31 May 2016, Munich, Germany (αρχείο H.47)
36. Vasilios Mpalaris, **Panagiotis Anagnostis**, Athanasios Anastasilakis, Dimitrios Goulis, Argyrios Doumas, Ioannis Iakovou. Serum leptin, adiponectin and ghrelin concentrations in post-menopausal women: is there an association with bone mineral density? 18th European Congress of Endocrinology, 28-31 May 2016, Munich, Germany (αρχείο H.47)
37. Gesthimani Mintziori, Thomas Georgiou, Athanasios Siolos, Fotini Adamidou, Zoe Efstathiadou, **Panagiotis Anagnostis**, Athanasios Panagiotou, Marina Kita. Does lipid profile

predict subclinical Cushing's Syndrome in patients with adrenal incidentalomas? 18th European Congress of Endocrinology, 28-31 May 2016, Munich, Germany. (αρχείο H.47)

38. **Panagiotis Anagnostis**, Athanasios Panagiotou, Fotini Adamidou, Savvas Rafailidis, Marina Kita. Coexistence of primary hyperparathyroidism with papillary thyroid carcinoma: a case series. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal. (αρχείο H.48)
39. Athanasios Panagiotou, Fotini Adamidou, **Panagiotis Anagnostis**, Mattheos Bobos, Dimitris Hatzibougias, Keraso Tzelepi, Marina Kita. Lateral cervical lymph node metastasis from papillary thyroid cancer of undetected primary: a case report. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal. (αρχείο H.48)
40. Fotini Adamidou, Christina Manani, **Panagiotis Anagnostis**, Thomas Georgiou, Kostas Boboridis, Marina Kita. Management of very severe Graves' orbitopathy with low dose rituximab: report of two cases. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal. (αρχείο H.48)
41. Fotini Adamidou, Christina Manani, **Panagiotis Anagnostis**, Thomas Georgiou, Kostas Boboridis. Orbital disease primer for Endocrinologists-not always thyroid associated orbitopathy (TAO): a case vignette. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal (αρχείο H.48)
42. Fotini Adamidou, Thomas Georgiou, Gesthimani Mintziori, Efrosini Tsirou, **Panagiotis Anagnostis**, Athanasios Panagiotou, Marina Kita. The role of dehydroepiandrosterone sulphate (DHEAS) in the evaluation of autonomous cortisol secretion in adrenal incidentalomas. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal. (αρχείο H.48)
43. **Panagiotis Anagnostis**, Petros Galanis, Vasileia Chatzistergiou, John Stevenson, Ian Godsland, Irene Lambrinouadaki, Mamas Theodorou, Dimitrios Goulis. The effect of hormone replacement therapy and tibolone on lipoprotein (a) concentrations in postmenopausal women: a systematic review and meta-analysis of randomized controlled studies. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal. (αρχείο H.48)
44. **Panagiotis Anagnostis**, Stavroula Paschou, Gesthimani Mintziori, Irene Lambrinouadaki, Dimitrios Goulis. Efficacy and safety of bisphosphonate discontinuation in postmenopausal

- osteoporosis: a systematic review. 19th European Congress of Endocrinology, 20-23 May 2017, Lisbon, Portugal. (αρχείο H.48)
45. **P. Anagnostis**, S.A. Paschou, D. Stogiannou, N. Gekas, A. Artzouchaltzi, K. Christou, A. Vryonidou, D.G. Goulis. Efficacy of anti-osteoporotic therapies in patients with type 1 and type 2 diabetes: a systematic review. 53<sup>rd</sup> Annual Meeting of the European Association for the Study of Diabetes. 11-15 September, 2017, Lisbon, Portugal (αρχείο H.48)
  46. Stavroula A Paschou, Nikolaos Kalogeris, Stella Proikaki, Vasiliki Loi, **Panagiotis Anagnostis** & Andromachi Vryonidou. Atherosclerosis in women of reproductive age with type 2 diabetes mellitus and polycystic ovary syndrome. 20th European Congress of Endocrinology, 19-22 May 2018, Barcelona, Spain. (αρχείο H.49)
  47. **Panagiotis Anagnostis**, Pavlos Siolos, Nifon Gkekas, Nikoletta Kosmidou, Stavroula Paschou, Michael Potoupnis, Eleftherios Tsiridis & Dimitrios Goulis. Association between age at onset of menopause and fracture risk: a systematic review and meta-analysis. 20th European Congress of Endocrinology, 19-22 May 2018, Barcelona, Spain. (αρχείο H.49)
  48. Athanasios Panagiotou, **Panagiotis Anagnostis**, Savvas Rafailidis & Marina Kita. Coexistence of a large functioning parathyroid cyst with papillary thyroid carcinoma: a case report. 20th European Congress of Endocrinology, 19-22 May 2018, Barcelona, Spain. (αρχείο H.49)
  49. **Panagiotis Anagnostis**, Stavroula Paschou, Michael Potoupnis, Eleftherios Tsiridis & Dimitrios Goulis. Recurrent vertebral fracture after denosumab discontinuation in a male patient with severe osteoporosis. 20th European Congress of Endocrinology, 19-22 May 2018, Barcelona, Spain. (αρχείο H.49)
  50. Fotini Adamidou, Paraskevi Komzia, Fani Kalograni, **Panagiotis Anagnostis** & Marina Kita. Hypothalamic-pituitary axis assessment in a clozapine treated patient with a pituitary adenoma. 20th European Congress of Endocrinology, 19-22 May 2018, Barcelona, Spain. (αρχείο H.49)
  51. **Panagiotis Anagnostis**, Stavroula Paschou, Anastasia Dede, Andromachi Vryonidou, Daniel Morganstein & Dimitrios Goulis. Effects of anti-osteoporotic medications on glucose metabolism and the incidence of type 2 diabetes mellitus: a systematic review. 20th European Congress of Endocrinology, 19-22 May 2018, Barcelona, Spain. (αρχείο H.49)
  52. S.A. Paschou, A. Vryonidou, M. Melissourgou, I. Kosteria, **P. Anagnostis**, D. G. Goulis, G. P. Chrousos, C. Kanaka-Gantenbein. Menstrual cycle disorders in young women with type 1

- diabetes mellitus. 57th Annual Meeting of the European Society of Paediatric Endocrinology, 27-29 September 2018, Athens, Greece. (αρχείο H.50)
53. **P. Anagnostis**, K. Christou, A-M. Arzouchaltzi, S.A. Paschou, M. Potoupnis, S. Tsiridis, I. Lambrinouadaki, D.G. Goulis. Early menopause and primary ovarian failure are associated with increased risk of type 2 diabetes: a systematic review and meta- analysis. 54<sup>th</sup> Annual Meeting of the European Association for the Study of Diabetes. 1-5 October 2018, Berlin, Germany. (αρχείο H.51)
54. Stavroula A Paschou, Andromachi Vryonidou, Marina Melissourgou, Ioanna Kosteria, **Panagiotis Anagnostis**, Dimitrios G. Goulis, George P. Chrousos & Christina Kanaka-Gantenbein. Delayed menarche, oligomenorrhea and hyperandrogenism in type 1 diabetes mellitus. 21st European Congress of Endocrinology, 18-21 May 2019, Lyon, France (αρχείο H.52)
55. **Panagiotis Anagnostis**, Stavroula Veneti, Fotini Adamidou, Aikterini-Maria Artzouchaltzi, Kostas Boboridis & Marina Kita. Association between vitamin D receptor gene polymorphisms and Graves' disease: a systematic review and meta-analysis. 21st European Congress of Endocrinology, 18-21 May 2019, Lyon, France. (αρχείο H.52)
56. **Panagiotis Anagnostis**, Nifon Gkekas, Eustathios Kenanidis, Michael Potoupnis, Eleftherios Tsiridis & Dimitrios Goulis. The effect of teriparatide on bone mineral density in a woman with severe lactation-related osteoporosis and multiple vertebral fractures. 21st European Congress of Endocrinology, 18-21 May 2019, Lyon, France. (αρχείο H.52)
57. Nifon K Gkekas, **Panagiotis Anagnostis**, Pavlos Siolos, Eustathios Kenanidis, Michael Potoupnis, Eleftherios Tsiridis & Dimitrios G Goulis. The effect of vitamin D supplementation on sarcopenia indices: a systematic review and meta-analysis of randomized controlled trials. 21st European Congress of Endocrinology, 18-21 May 2019, Lyon, France (αρχείο H.52)
58. Eleni Kouroglou, **Panagiotis Anagnostis**, Alexandros Daponte & Alexandra Bargiota. Vitamin B12 and gestational diabetes mellitus. 21st European Congress of Endocrinology, 18-21 May 2019, Lyon, France. (αρχείο H.52)
59. **Panagiotis Anagnostis**, Symeon Tournis. Successful management of tertiary hyperparathyroidism associated with hypophosphataemic rickets in an adult. 21st European Congress of Endocrinology, 18-21 May 2019, Lyon, France. (αρχείο H.52)

60. **Panagiotis Anagnostis**, Julia K. Bosdou, Dimitrios G. Goulis, George Lainas, Basil C. Tarlatzis, Grigoris Grimbizis, Efstratios M. Kolibianakis. Higher risk of gestational diabetes in singleton pregnancies achieved after assisted reproductive techniques compared with spontaneous conceptions: a meta-analysis. 55<sup>th</sup> Annual Meeting of the European Association for the Study of Diabetes. 16-20 September 2019, Barcelona, Spain. (αρχείο H.53)
61. Eleni Kourogrou, **Panagiotis Anagnostis**, Alexandros Daponte, Alexandra Bargiota. Vitamin B12 deficiency is associated with higher risk of gestational diabetes: a systematic review and meta-analysis. 55<sup>th</sup> Annual Meeting of the European Association for the Study of Diabetes. 16-20 September 2019, Barcelona, Spain. (αρχείο H.53)
62. Julia K. Bosdou, **Panagiotis Anagnostis**, Dimitrios G. Goulis, George Lainas, Basil C. Tarlatzis, Grigoris Grimbizis, Efstratios M. Kolibianakis. Higher risk of gestational diabetes mellitus (GDM) after ART compared with spontaneous conception in singleton pregnancies: a systematic review and meta-analysis. 35<sup>th</sup> Annual meeting of the European Society of Human Reproduction and Embryology, 23-26 June 2019, Vienna, Austria. (αρχείο H.54)
63. **Panagiotis Anagnostis**, Nifon K. Gkekas, Charoula Achilla, Georgia Pananastasiou, Polyxeni Taouxiidou, Maria Mitsiou, Eustathios Kenanidis, Michael Potoupnis, Eleftherios Tsiridis, Dimitrios G. Goulis. "TYPE 2 DIABETES MELLITUS IS ASSOCIATED WITH INCREASED RISK OF SARCOPENIA: A SYSTEMATIC REVIEW AND META-ANALYSIS", WCO-IOF-ESCEO congress (World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases), (virtual congress), 22-23 August, 2020. (αρχείο H.55)
64. **Panagiotis Anagnostis**, Konstantina Vaitisi, Stavroula Veneti, Victoria Potoupni, Theodosios S. Papavramidis, Eustathios Kenanidis, Michael Potoupnis, Eleftherios Tsiridis, Dimitrios G. Goulis. "COMPARATIVE EFFICACY OF PARATHYROIDECTOMY AND CONSERVATIVE MANAGEMENT IN PATIENTS WITH MILD PRIMARY HYPERPARATHYROIDISM: A SYSTEMATIC REVIEW AND META-ANALYSIS OF RANDOMIZED-CONTROLLED STUDIES", WCO-IOF-ESCEO congress (World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases), (virtual congress), 22-23 August, 2020 (αρχείο H.55)
65. **Panagiotis Anagnostis**, Konstantina Vaitisi, Keraso Tzelepi, Efstratios Kalaitzis. Esophageal perforation due to thyroid lymphoma. eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)
66. Theodosios S. Papavramidis, **Panagiotis Anagnostis**, Angeliki Chorti, Ioannis Pliakos, Stavros Panidis, Dimitris Koutsoumparis, Antonios Michalopoulos. Do near-infrared intra-

- operative findings by the use of indocyanine green correlate with post-thyroidectomy parathyroid function? - the ICGPREDICT study. eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)
67. **Panagiotis Anagnostis**, Patroklos Theocharis, Konstantinos Lallas, Georgios Konstantis, Konstantinos Mastrogiannis, Julia K. Bosdou, Irene Lambrinouadaki, John C. Stevenson, Dimitrios G. Goulis. Early menopause is associated with increased risk of arterial hypertension: a systematic review and meta-analysis. eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)
68. **Panagiotis Anagnostis**, Konstantina Vaitisi, Stavroula Veneti, Victoria Potoupni, Theodosios S. Papavramidis, Eustathios Kenanidis, Michael Potoupnis, Eleftherios Tsiridis, Dimitrios G. Goulis. "Comparative efficacy of parathyroidectomy and conservative management in patients with mild primary hyperparathyroidism: a systematic review and meta-analysis of randomized-controlled studies", eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)
69. **Panagiotis Anagnostis**, Konstantina Vaitisi, Panagiota Kleitsioti, Chrysanthi Mantsiou, Konstantinos Pavlogiannis, Vasilios G. Athyros, Dimitri P. Mikhailidis, Dimitrios G. Goulis. Efficacy and safety of statin use in children and adolescents with familial hypercholesterolaemia: a systematic review and meta-analysis of randomized-controlled trials. eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)
70. Eleni Armeni, Stefanos Stergiotis, Panagiota Chatzivasileiou, Areti Augoulea, **Panagiotis Anagnostis**, Demetrios Rizos, George Kaparos, Andreas Alexandrou, Georgios Georgiopoulos, Christos Kontogiannis, Kimon Stamatelopoulos & Irene Lambrinouadaki. Subclinical atherosclerosis is associated with anti-mullerian hormone levels in reproductively women. eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)
71. Eleni Armeni, Meletios P Nigdelis, Asimina Chondrou, **Panagiotis Anagnostis**, Areti Augoulea, Dimitrios Rizos, George Kaparos, Andreas Alexandrou, Dimitrios G Goulis, Raphael Patras, Evmorfia Aivalioti, Kimon Stamatelopoulos & Irene Lambrinouadaki. Pulse wave velocity and circulating Retinol binding protein 4: A cross sectional association in early postmenopausal women. eECE 2020, 22<sup>nd</sup> European Congress of Endocrinology, 5-9 September 2020 (αρχείο H.56)

72. **Panagiotis Anagnostis**, Panagiotia Florou, Julia Bosdou, Grigorios Grimbizis, Ioannis Iakovou, Efstratios Kolibianakis & Dimitrios Goulis. Decline in AMH concentrations following radioactive iodine treatment in women with differentiated thyroid cancer: A systematic review and meta-analysis. 23<sup>rd</sup> European Congress of Endocrinology, 22-26 May, 2021 (αρχείο H.57)
73. Guo-Qiang Zhang, Jin-Liang Chen, Ying Luo, Maya B. Mathur, **Panagiotis Anagnostis**, Ulugbek Nurmatov, Madar Talibov, Jing Zhang, Catherine M. Hawrylowicz, Mary Ann Lumsden, Hilary Critchley, Aziz Sheikh, Bo Lundbäck, Cecilia Lässer, Hannu Kankaanranta, Siew Hwa Lee & Bright I. Nwaru. Menopausal hormone therapy and women's health: an umbrella review of systematic reviews and meta-analyses of randomized controlled trials and observational epidemiological studies. 23<sup>rd</sup> European Congress of Endocrinology, 22-26 May, 2021 (αρχείο H.57)
74. Theodosios Papavramidis, Angeliki Chorti, George Tzikos, **Panagiotis Anagnostis**, Pantelis Pantelidis, Ioannis Pliakos, Stavros Panidis, Maria Papaioannou, Sohail Bakkar, Ethem Unal6 & Antonios Michalopoulos. The effect of intra-operative autofluorescence monitoring on unintentional parathyroid gland excision rates and post-operative PTH concentrations – a single-blind randomized controlled trial. 23<sup>rd</sup> European Congress of Endocrinology, 22-26 May, 2021 (αρχείο H.57)
75. Konstantina Vaitisi, **Panagiotis Anagnostis**, Stavroula Veneti, Theodosios S. Papavramidis & Dimitrios Goulis. Pre-operative vitamin D deficiency is a risk factor for post-thyroidectomy hypoparathyroidism: a systematic review and meta-analysis of observational studies. 23<sup>rd</sup> European Congress of Endocrinology, 22-26 May, 2021 (αρχείο H.57)
76. **Panagiotis Anagnostis**, Christos V. Rizos, Ioannis Skoumas, Loukianos Rallidis, Konstantinos Tziomalos, Emmanuel Skalidis, Vasileios Kotsis, Michalis Doumas, Genovefa Kolovou, George Sfikas, Eleni Bilianou, Iosif Koutagiar, Estela Kiouri, Dimitrios Agapakis, Evangelos Zacharis, Christina Antza, Charalambos Koumaras, Chrysoula Boutari, George Liamis, Evangelos N. Liberopoulos. Prevalence of non-coronary heart disease in patients with familial hypercholesterolemia: an analysis from the HELLAS-FH. 89<sup>th</sup> European Atherosclerosis Society Congress, 30 May – 2 June 2021 (αρχείο H.58)
77. **Panagiotis Anagnostis**, Dimitrios Papanikolaou, Pinelopi G. Ioannidou, Julia K. Bosdou, Konstantinos Hatzimouratidis, Dimitrios G. Goulis. The effect of statin use on semen parameters: a systematic review and meta-analysis of prospective cohort studies. 89<sup>th</sup> European Atherosclerosis Society Congress, 30 May – 2 June 2021 (αρχείο H.59)

78. C. Rizos, G. Liamis, I. Skoumas, E. Skalides, L. Rallidis, K. Tziomalos, G. Sfikas, A. Garoufi, **P. Anagnostis**, G. Kolovou, V. Kotsis, M. Doumas, E. Bilianou, I. Koutagiar, E. Zacharis, E. Kiouri, G. Bantouvakis, D. Agapakis, A. Attilakos, C. Antza, E. Liberopoulos. Implication of ESC/EAS 2019 dyslipidemia guidelines for PCSK9 inhibition in patients with familial hypercholesterolemia: An analysis from the Hellas-FH registry. 89<sup>th</sup> European Atherosclerosis Society Congress, 30 May – 2 June 2021 (αρχείο H.60)
79. C. Rizos, I. Skoumas, E. Skalides, L. Rallidis, K. Tziomalos, G. Sfikas, A. Garoufi, **P. Anagnostis**, G. Kolovou, V. Kotsis, M. Doumas, E. Bilianou, I. Koutagiar, E. Zacharis, E. Kiouri, G. Bantouvakis, D. Agapakis, A. Attilakos, C. Antza, A.-D. Koutsogianni, E. Liberopoulos. Lipid profile and body mass index in patients with familial hypercholesterolemia: An analysis from the HELLAS-FH registry. 89<sup>th</sup> European Atherosclerosis Society Congress, 30 May – 2 June 2021 (αρχείο H.61)
80. Julia Bosdou, **Panagiotis Anagnostis**, Despoina Savvaidou, Leonidas Zepiridis, Dimitrios Goulis, Grigorios Grimbizis & Efstratios Kolibianakis. Association between basal androgen concentrations and number of follicles on the day of triggering final oocyte maturation in poor responders undergoing IVF - a prospective study. 24<sup>th</sup> European Congress of Endocrinology, Milan, 21-24 May 2022 (αρχείο H.23)
81. Tetiana Tatarchuk, Mykola Tronko, **Panagiotis Anagnostis**, Liudmyla Kalugina, Natalia Pedachenko, Anna Danylova & Tetiana Kuchmenko. Female papillary thyroid cancer survivors are at increased risk of hyperproliferative pathology of the reproductive system. 24<sup>th</sup> European Congress of Endocrinology, Milan, 21-24 May 2022 (αρχείο H.23)
82. Sarantis Livadas, Christina Bothou, Rodis Paparodis, Ioannis Androulakis, Nicholas Angelopoulos, Anastasios Boniakos, **Panagiotis Anagnostis** & Leonidas Duntas. Thyroid Levothyroxine Replacement Therapy overuse. Factors suggesting treatment discontinuation. 24<sup>th</sup> European Congress of Endocrinology, Milan, 21-24 May 2022 (αρχείο H.23)
83. Tetiana Tatarchuk, Ivan Todurov, **Panagiotis Anagnostis**, Tetiana Tutchenko, Natalia Pedachenko, Marina Glamazda, Natalia Koseii. The effect of gastric sleeve resection on menstrual pattern and ovulation in premenopausal women with class III-IV obesity. 24<sup>th</sup> European Congress of Endocrinology, Milan, 21-24 May 2022 (αρχείο H.23)
84. Theodosios S. Papavramidis, **Panagiotis Anagnostis**, Ioannis Pliakos, Georgios Tzikos, Angeliki Chorti, Kalliopi Kotsa, Antonios Michalopoulos. The impact of age on quality of life

and frailty outcomes after parathyroidectomy in patients with primary hyperparathyroidism. 24<sup>th</sup> European Congress of Endocrinology, Milan, 21-24 May 2022 (αρχείο H.23)

85. C. Rizos, G. Liamis, A. Garoufi, I. Skoumas, L. Rallidis, G. Kolovou, K. Tziomalos, E. Skalidis, V. Kotsis, V. Lambadiari, **P.G. Anagnostis**, I. Dima, E. Kiouri, V. Kolovou, G. Polychronopoulos, E. Zacharis, C. Antza, E. Liberopoulos. ONE YEAR FOLLOW-UP OF PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA: PRELIMINARY DATA FROM THE HELLAS-FH REGISTRY. 90<sup>th</sup> European Atherosclerosis Society Congress, Milan 24-26 May 2022 (αρχείο H.62)
86. C. Rizos, G. Liamis, A. Garoufi, I. Skoumas, L. Rallidis, G. Kolovou, K. Tziomalos, E. Skalidis, V. Kotsis, M. Doumas, V. Lambadiari, **P.G. Anagnostis**, G. Sfikas, I. Dima, E. Kiouri, G. Polychronopoulos, V. Kolovou, E. Zacharis, C. Antza, C. Koumaras, E. Liberopoulos. ASSOCIATION OF TG/HDL-C AND TYG INDICES WITH THE PREVALENCE OF ATHEROSCLEROTIC CARDIOVASCULAR DISEASE IN ADULT PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA. 90<sup>th</sup> European Atherosclerosis Society Congress, Milan 24-26 May 2022 (αρχείο H.63)
87. Eleni Karamitrou, **Panagiotis Anagnostis**, Konstantina Vaitsi, Loukas Athanasiadis, Dimitrios G. Goulis. Early menopause and premature ovarian insufficiency are associated with increased risk of dementia: a systematic review and meta-analysis of observational studies. 14<sup>th</sup> European Congress on Menopause and Andropause, Florence, Italy, 3-5 May, 2023 (αρχείο H.10)
88. **Panagiotis Anagnostis**, Christina Antza, Christina Trakatelli, Irene Lambrinoudaki, Dimitrios G. Goulis, Vasileios Kotsis. The effect of menopause on lipoprotein (a) concentrations: a systematic review and meta-analysis. 14<sup>th</sup> European Congress on Menopause and Andropause, Florence, Italy, 3-5 May, 2023 (αρχείο H.10)
89. Anastasia Armeni, **Panagiotis Anagnostis**, Eleni Armeni, Nikoleta Mili, Dimitrios G. Goulis, Irene Lambrinoudaki. Vasomotor symptoms and risk of cardiovascular disease in peri- and postmenopausal women: A systematic review and meta-analysis. 14<sup>th</sup> European Congress on Menopause and Andropause, Florence, Italy, 3-5 May, 2023 (αρχείο H.64)
90. Dimitra Bantouna, Ioannis Zoupas, Juan C Jaume, Shanawaz Imam, Evaggelos Karvounis, Sarantis Livadas, **Panagiotis Anagnostis**, Rodis Papanodis. The role of thyroid peroxidase antibodies on the risk of thyroid cancer: a systematic review and meta-analysis of surgical

cohort studies. 25<sup>th</sup> European Congress of Endocrinology, Istanbul, Turkey, 13-16 May, 2023 (αρχείο H.65)

91. C. Rizos, G. Liamis, A. Garoufi, I. Skoumas, L. Rallidis, G. Sfikas, G. Kolovou, K. Tziomalos, E. Skalidis, **P. Anagnostis**, V. Kotsis, V. Lambadiari, A.-D. Koutsogianni, A. Attilakos, I. Koutagiar, E. Kiouri, C. Koumaras, V. Kolovou, E. Zacharis, C. Antza, E. Liberopoulos. One year follow-up of cardiovascular profile and therapeutic management of children and adolescents with familial hypercholesterolemia: Preliminary data from the Hellas-FH registry. 91<sup>st</sup> European Atherosclerosis Society Congress, Mannheim, 21-24 May 2023 (αρχείο H.66)
92. C. Rizos, G. Liamis, I. Skoumas, A. Garoufi, L. Rallidis, G. Kolovou, K. Tziomalos, E. Skalidis, G. Sfikas, V. Kotsis, M. Doumas, **P. Anagnostis**, V. Lambadiari, E. Bilianou, E. Petkou, I. Koutagiar, A. Attilakos, E. Kiouri, V. Kolovou, E. Zacharis, C. Koumaras, C. Antza, C. Boutari, E. Liberopoulos. Metabolic syndrome and atherosclerotic cardiovascular disease in non-diabetic adult patients with familial hypercholesterolemia: Data from the Hellas-FH registry. 91<sup>st</sup> European Atherosclerosis Society Congress, Mannheim, 21-24 May 2023 (αρχείο H.67)
93. C. Rizos, G. Liamis, I. Skoumas, A. Garoufi, L. Rallidis, G. Kolovou, K. Tziomalos, E. Skalidis, G. Sfikas, V. Kotsis, M. Doumas, **P. Anagnostis**, V. Lambadiari, E. Bilianou, E. Petkou, I. Koutagiar, A. Attilakos, E. Kiouri, V. Kolovou, E. Zacharis, C. Koumaras, C. Antza, C. Boutari, E. Liberopoulos. Triglycerides and atherosclerotic cardiovascular disease in adult patients with familial hypercholesterolemia: Data from the Hellas-FH registry. 91<sup>st</sup> European Atherosclerosis Society Congress, Mannheim, 21-24 May 2023 (αρχείο H.67)
94. **PANAGIOTIS ANAGNOTIS**, KALLIOPI LAMBROPOULOU-ADAMIDOU, JULIA BOSDOU, GEORGE TROVAS, EFSTATHIOS CHRONOPOULOS, DIMITRIOS GOULIS, SYMEON TOURNIS. Comparative effectiveness of therapeutic interventions for pregnancy and lactation-associated osteoporosis: a systematic review and meta-analysis. ASBMR 2023 Annual Meeting, 13-16 October 2023, Vancouver, Canada (αρχείο H.68)
95. **Panagiotis Anagnostis**, Efstathios Divaris, Julia Bosdou, Symeon Tournis, Konstantinos Stathopoulos & Dimitrios Goulis. Anti-osteoporosis therapy after discontinuation of menopausal hormone therapy: a systematic review. 15<sup>th</sup> European Congress of Endocrinology, Stockholm, Sweden, 2024
96. **Panagiotis Anagnostis**, Konstantinos Lallas, Anna Pappa, Georgios Avgeris, Kristina Beta, Dimitrios Damakis, Eirini Fountoukidou, Maria Zidrou, Irene Lambrinouadaki & Dimitrios Goulis. The association of vasomotor symptoms with fracture risk and bone mineral density in

postmenopausal women: a systematic review and meta-analysis of observational studies. 15<sup>th</sup> European Congress of Endocrinology, Stockholm, Sweden, 2024

97. Christos Rizos, George Liamis, Ioannis Skoumas, Charalambos Vlachopoulos, Loukianos Rallidis, Anastasia Garoufi, Genovefa Kolovou, Konstantinos Tziomalos, George Sfikas, Emmanouil Skalidis, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, Vasiliki Giannakopoulou, Georgia Anastasiou, Ioanna Dima, Konstantinos Papathanasiou, Estela Kiouri, Achilleas Attilakos, Vana Kolovou, Georgios Polychronopoulos, Charalambos Koumaras, Evangelos Zacharis, Christina Antza, Chrysoula Boutari, Haralampos Milionis, Evangelos Liberopoulos. ASSOCIATION OF HYPERTENSION WITH CARDIOVASCULAR PROFILE OF ADULT PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA: AN ANALYSIS FROM THE HELLAS-FH REGISTRY. 92<sup>nd</sup> European Atherosclerosis Society Congress, Lyon, 26-29 May 2024
98. Christos Rizos, Haralampos Milionis, George Liamis, Anastasia Garoufi, Genovefa Kolovou, Michalis Doumas, Vasiliki Giannakopoulou, Emmanouil Skalidis, Loukianos Rallidis, **Panagiotis Anagnostis**, Ioannis Skoumas, Charalambos Vlachopoulos, Vasileios Kotsis, Konstantinos Tziomalos, George Sfikas, Vaia Lambadiari, Georgia Anastasiou, Ermioni Petkou, Achilleas Attilakos, Vana Kolovou, Chrysoula Boutari, Evangelos Zacharis, Estela Kiouri, Konstantinos Papathanasiou, Ioanna Dima, Christina Antza, Georgios Polychronopoulos, Charalambos Koumaras, Evangelos Liberopoulos. CARDIOMETABOLIC PROFILE OF CHILDREN WITH HETEROZYGOUS FAMILIAL HYPERCHOLESTEROLEMIA: UPDATED DATA FROM THE HELLAS-FH REGISTRY. 92<sup>nd</sup> European Atherosclerosis Society Congress, Lyon, 26-29 May 2024
99. Georgia Anastasiou, Haralampos Milionis, Christos Rizos, George Liamis, Ioannis Skoumas, Charalambos Vlachopoulos, Loukianos Rallidis, Anastasia Garoufi, Genovefa Kolovou, Konstantinos Tziomalos, George Sfikas, Emmanouil Skalidis, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, Vasiliki Giannakopoulou, Amalia Boufidou, Ermioni Petkou, Ioanna Dima, Konstantinos Papathanasiou, Estela Kiouri, Achilleas Attilakos, Vana Kolovou, Dimitrios Agapakis, Charalambos Koumaras, Evangelos Zacharis, Christina Antza, Chrysoula Boutari, Evangelos Liberopoulos. EXPLORING BASELINE CHARACTERISTICS AND ACHIEVEMENT OF LOW DENSITY LIPOPROTEIN CHOLESTEROL TARGETS IN GREEK CHILDREN AND ADULTS WITH HOMOZYGOUS FAMILIAL HYPERCHOLESTEROLEMIA: KEY FINDINGS FROM THE HELLAS-FH REGISTRY. 92<sup>nd</sup> European Atherosclerosis Society Congress, Lyon, 26-29 May 2024

100. Georgia Anastasiou, Haralampos Milionis, Christos Rizos, George Liamis, Ioannis Skoumas, Charalambos Vlachopoulos, Loukianos Rallidis, Anastasia Garoufi, Genovefa Kolovou, Konstantinos Tziomalos, George Sfikas, Emmanouil Skalidis, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, Vasiliki Giannakopoulou, Amalia Boufidou, Ermioni Petkou, Ioanna Dima, Konstantinos Papathanasiou, Estela Kiouri, Achilleas Attilakos, Vana Kolovou, Dimitrios Agapakis, Charalambos Koumaras, Evangelos Zacharis, Christina Antza, Chrysoula Boutari, Evangelos Liberopoulos. EXPLORING BASELINE CHARACTERISTICS AND ACHIEVEMENT OF LOW DENSITY LIPOPROTEIN CHOLESTEROL TARGETS IN GREEK CHILDREN AND ADULTS WITH HOMOZYGOUS FAMILIAL HYPERCHOLESTEROLEMIA: KEY FINDINGS FROM THE HELLAS-FH REGISTRY. 92<sup>nd</sup> European Atherosclerosis Society Congress, Lyon, 26-29 May 2024
101. Christos Rizos, Theodosios Filippatos, Niki Katsiki, George Liamis, Ioannis Skoumas, Loukianos Rallidis, Anastasia Garou, George Sfikas, Genovefa Kolovou, Konstantinos Tziomalos, Emmanouil Skalidis, Kimon Stamatelopoulos, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, et al. Remnant cholesterol has a stronger association with established coronary artery disease compared with LDL-C or non-HDL-C in familial hypercholesterolemia: Findings from the HELLAS-FH registry. 93<sup>rd</sup> European Atherosclerosis Society Congress, 4-7/5/2025, Glasgow, UK
102. Christos Rizos, George Liamis, Ioannis Skoumas, Loukianos Rallidis, Anastasia Garoufi, George Sfikas, Genovefa Kolovou, Konstantinos Tziomalos, Emmanouil Skalidis, Kimon Stamatelopoulos, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, et al. Evaluating the association of TG/HDL-C ratio with the risk of established cardiovascular disease in patients with familial hypercholesterolemia: An analysis from the HELLAS-FH registry. 93<sup>rd</sup> European Atherosclerosis Society Congress, 4-7/5/2025, Glasgow, UK
103. Christos Rizos, Georgia Anastasiou, George Liamis, Ioannis Skoumas, Loukianos Rallidis, Anastasia Garoufi, George Sfikas, Genovefa Kolovou, Konstantinos Tziomalos, Emmanouil Skalidis, Kimon Stamatelopoulos, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, et al. Association between familial hypercholesterolemia and impaired fasting glucose: Findings from the HELLAS-FH registry. 93<sup>rd</sup> European Atherosclerosis Society Congress, 4-7/5/2025, Glasgow, UK
104. Christos Rizos, George Liamis, Ioannis Skoumas, Loukianos Rallidis, Anastasia Garoufi, George Sfikas, Genovefa Kolovou, Konstantinos Tziomalos, Emmanouil Skalidis, Kimon Stamatelopoulos, Vasileios Kotsis, Michalis Doumas, Vaia Lambadiari, **Panagiotis Anagnostis**, et al. Identification of misclassified lysosomal acid lipase deficiency (LAL-D)

patients within the familial hypercholesterolemia registry HELLAS-FH: Rationale and design. 93<sup>rd</sup> European Atherosclerosis Society Congress, 4-7/5/2025, Glasgow, UK

105. J. Bosdou, **P. Anagnostis**, C. Venetis, E. Katsika, P. Ioannidou, T. Tarlatzi, K. Kiose, G. Lainas, L. Zepiridis, G. Grimbizis, E. Kolibianakis. Impact of dyslipidaemia on the probability of pregnancy in women undergoing IVF: a systematic review and meta-analysis. ESHRE 41st Annual Meeting Paris, France, 29 June - 2 July 2025

## WEBINARS

1. “Drug holidays in osteoporosis-what’s new?” (27/2/2019), by the European Menopause and Andropause Society [https://www.emas-online.org/webinar\\_videos/customizing-menopausal-hormone-therapy-in-the-context-of-breast-ovarian-and-endometrical-cancer-2/](https://www.emas-online.org/webinar_videos/customizing-menopausal-hormone-therapy-in-the-context-of-breast-ovarian-and-endometrical-cancer-2/)

## FURTHER SCIENTIFIC ACTIVITY

- 18 publications in Greek journals
- 33 chapters in Greek books
- 105 lectures in Greek Congresses-Webinars
- 77 oral presentations in Greek Congresses
- 47 poster presentations in Greek Congresses
- 24 times chairman in Greek Congresses
- 10 participations in the **organizing/scientific committee** of Greek Congresses

## GUEST EDITOR FOR SPECIAL ISSUES

- Special Issue: “**Menopause and its cardiometabolic consequences. Current perspectives:**” for the journal “*Current Vascular Pharmacology*”
- Virtual Special Issue: “**Critical issues in the management of osteoporosis and fracture risk**”, for the journal “*Maturitas*”
- Special Issue: “**Endocrine disease as a cause of cardiovascular disease:**” for the journal “*Current Pharmaceutical Design*”
- Special Issue: “**A global approach to healthy ageing**”, for the journal “*Maturitas*”

## MEDSCAPE INTERVIEWS – PUBLICATIONS IN INTERNATIONAL SITES

1. Hypovitaminosis D in pregnancy: can the Mediterranean paradox be explained? A systematic review.17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland. <http://www.medscape.com/viewarticle/845153>

2. Osteoporosis-Drug Holidays for Low-Risk Patients: EMAS Concur  
<http://www.medscape.com/viewarticle/879128>
3. Type 2 Diabetes and Osteoporosis: A Guide to Optimal Management  
<https://www.medscape.com/viewarticle/888872>
4. Meta-Analysis: Menopause Before 45 Tied to Type 2 Diabetes, Primary ovarian failure also linked to higher disease risk.  
<https://www.medpagetoday.com/meetingcoverage/easd/75471>
5. Large meta-analysis links early menopause to higher type 2 diabetes risk.  
[https://www.eurekalert.org/pub\\_releases/2018-10/d-lml092818.php](https://www.eurekalert.org/pub_releases/2018-10/d-lml092818.php)
6. Women who begin menopause early, develop diabetes.  
<https://www.pressreader.com/india/the-asian-age/20181003/282179357024702>
7. <https://www.slanewsplanet.com/news-health-large-meta-analysis-links-early-menopause-to-higher-type-2-diabetes-risk-i385804-c18>
8. Women who begin the menopause before 40 are '50% more likely to develop type 2 diabetes'.  
<https://www.dailymail.co.uk/health/article-6227283/Women-begin-menopause-40-50-likely-develop-type-2-diabetes.html>
9. <http://healthmedicinet.com/i2/women-who-begin-the-menopause-before-40-are-50-more-likely-to-develop-type-2-diabetes/>
10. <https://www.dailymail.co.uk/health/article-7477165/Mothers-children-IVF-likely-suffer-gestational-diabetes.html>
11. <https://news.yahoo.com/analysis-links-ivf-higher-risk-gestational-diabetes-103141060.html>
12. <https://www.diabetes.co.uk/news/2019/sep/ivf-linked-to-greater-risk-of-gestational-diabetes,-study-suggests-94450363.html>
13. <https://www.scimex.org/newsfeed/is-ivf-linked-to-higher-risk-of-gestational-diabetes>
14. <https://medicalxpress.com/news/2019-09-large-meta-analysis-links-ivf-higher.html>
15. [https://eurekalert.org/pub\\_releases/2019-09/d-lml091719.php](https://eurekalert.org/pub_releases/2019-09/d-lml091719.php)
16. <https://www.mdmag.com/medical-news/ivf-assisted-reproduction-techniques-linked-to-increased-gestational-diabetes>
17. <https://www.onmedica.com/newsArticle.aspx?id=fa374c98-b89a-4236-b2f4-6498a6d57f6d>
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## **CONTINUOUS PROFESSIONAL MEDICAL EDUCATION**

**210** National and International Congresses and Seminars

## **PARTICIPATION IN RESEARCH PROJECTS**

- “Prediction of type 2 diabetes mellitus in women with gestational diabetes” (Kotsis V, Goulis DG, **Anagnostis P**, Karras S, Venetis C), supported by a grant from Hellenic Atherosclerosis society

## **PARTICIPATION IN MULTI-CENTER CLINICAL TRIALS**

- Prospective cohort study of patients with familial hypercholesterolaemia (**HELLAS FH REGISTRY**) conducted by the Hellenic Atherosclerosis Society
- **PREGO** (presentation of Graves’ orbitopathy) prospective study on patients with Graves’ orbitopathy, conducted by the European Group on Graves’ Orbitopathy (EUGOGO)
- Translation and validation of the Hypoparathyroidism Patient Experience Scales (**HPES**) questionnaire in patients with Hypoparathyroidism for use in the Greek population, conducted by the Hellenic Society for the Study of Bone Metabolism

## **PARTICIPATION IN THE ORGANIZING COMMITTEE OF INTERNATIONAL CONGRESSES**

1. 7<sup>th</sup> European Young Endocrinologists (EYES) Meeting, Athens 13-15/9/2019

## **MEMBERSHIPS**

- Endocrine Society (USA)
- European Society of Endocrinology (ESE)
- European Group on Graves’ Orbitopathy (EUGOGO)
- European Menopause and Andropause Society (EMAS)
- International Menopause Society (IMS)
- European Association for the Study of Diabetes (EASD)
- Hellenic Atherosclerosis Society
- Hellenic Endocrine Society
- Hellenic Society of Metabolic Bone Diseases
- Hellenic Association for the Study of Diabetes

## **MEMBERSHIP OF THE EDITORIAL BOARD**

- International Journal of Molecular Sciences (Associate Editor)
- Hormones (Associate Editor)
- Endocrine Research (Associate Editor)
- Clinical and Experimental Obstetrics and Gynecology (Associate Editor)
- Gynecological Endocrinology (Associate Editor)
- Frontiers in Endocrinology (Review Editor)
- Frontiers in Cardiovascular Medicine (Review Editor)
- Open Hypertension Journal (Regional Editor)
- Case Reports in Women's Health
- Reproductive Endocrinology
- Journal of Geriatric Cardiology
- World Journal of Pharmacology
- World Journal of Hypertension

## **LANGUAGES**

- Greek (native speaker)
- English
  - Certificate of Proficiency in English (University of Cambridge, UK)
  - First Certificate in English (University of Cambridge, UK)
- Italian (Diploma)

## **REFEREES**

Available upon request